

# U3A Altona Newsletter

Term 3 12th July -17th Sept 2021

## ANNUAL GENERAL MEETING

The AGM of U3A Altona will be held at **1.00pm, Friday 30<sup>th</sup> July** at Louis Joel Arts and Community Centre.

Call for Nominations for Office Bearers and Committee Members.

All **financial** members of U3A Altona are eligible to stand for election as President, Vice President, Secretary, Treasurer, plus the 5 additional Committee member positions.

Nominations of candidates must be made on the nomination form, available from our U3A office in the Beryl Hevey Centre.

Nomination forms should be returned prior to the AGM or handed in person to the secretary at the commencement of the AGM.

We look forward to seeing you and sharing a cuppa and chat after the meeting - COVID restrictions permitting. Membership fees of \$25 can be paid on the day or prior to the meeting.

Please register if you wish to attend via email: [altonau3a@yahoo.com.au](mailto:altonau3a@yahoo.com.au) or Telephone: 9398 1346

**NEW**

**RISING MOON TAI CHI CLASS WITH JESS K**

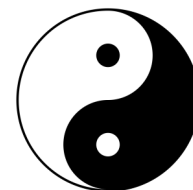
**NEW**

We are excited to announce our first Tai Chi class, with our new and enthusiastic volunteer trainer Jess. Jess has both Tai Chi and first aid training, and the class will be held in the hall on Wednesday mornings (9.45am to 10.30am) throughout the term. This course would suit both beginners, and those with some Tai Chi skills.

We anticipate a strong demand for this course, and numbers will be capped under COVID density restrictions.

Bookings are essential - either by phoning the office or emailing - and no last-minute walk-ins will be permitted.

For our insurance coverage for activity-based programs, all participants must be paid up members of U3A Altona.



**Hobsons Bay City Council** is again making one of their **minibuses** available for us to do trips - a cost of \$3.80 will be billed by the council. At this time masks must be worn in bus.

### Thursday 12<sup>th</sup> August

Pick up at BHC 10.00am to travel to **Melbourne Museum** to view exhibits and have lunch - all under the same roof.

Entry to museum free but there may be a fee for certain exhibitions.

### Thursday 9<sup>th</sup> September

Pick up at BHC 9.30am to travel to **Cranbourne Botanic Gardens**. There is a café on site for refreshments.

This has proved to be a popular trip in the past so be sure to book early.



### Notice: Office Volunteers

If you can spare 2.5 hours one morning a week to help out in our office, we would love to hear from you.

Please contact Dorothy in the office on 9398 1346 or via email

## BE CONNECTED PROGRAM



**Be Connected** Network  
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### NEW TIME

This popular program continues in term 3. If you lack confidence in using technology - such as smartphones, tablets, laptops and computers - then this program is for you. You will work safely - in small groups and 1:1 - through a range of short online courses, to suit your technology skills and confidence. We have a team of excellent volunteer IT helpers, to patiently guide you through the various activities at your own pace.

Weekly sessions will be held on **Wednesday** mornings from **10.45am to 11.45am**, at the Beryl Hevey Centre, starting on **July 14th**. The first session will include an introduction and registration for new participants



### Terms 3 Classes

**Floral Art with Carole is back.** This will be held on the 2nd and 4th Fridays of the month. Carole will cover a variety of floral art using a variety of fresh and dried/silk materials.

**Current Affairs – Ann Nicol** This popular course will once again cover a range of global, national and local issues and participants bring a range of points of view to the discussion.

**Ukeleles – Graham Waghorn** Join this fun class to learn how to play the Ukelele in a small group. Bring your own instrument or borrow one for the Term (we have 3).

**Knitting for Charity – Rudith Prins** Warm items are needed for winter. KOGO (a knitting charity which distributes widely to those in need) has supplied us with knitted squares for 10 throws to assemble. Knit or crochet a scarf, a beanie, a Care Bear. Wool can be provided.

**Tang Dynasty – Ted Morton** Ted will continue sessions on the Tang Dynasty in China, discussing its rich history, power struggles and culture.

**All Things French – Jerome Champetier de Ribes** This group mainly conducts their conversations in French so is suitable for people who are wanting to practice their French conversation skills. Topics for discussion all relate to French language and culture.

**Book Club – Ann Nicol** Book Club meets once each month to discuss a topical book. Discussions are varied but generally based on questions from internet sources that may include studies about the author, the plot, the setting and the themes included in the text.

**Spanish for Beginners – Juan Pablo Navarrete** Want to learn the basics of Spanish? Then this is the class for you. Juan is continuing introductory Spanish . Also covers some Chilean and Latin -American culture from Juan Pablo.

**DISCLAIMER:** Members need to be aware that they must accept responsibility for their own welfare when attending any U3A Altona classes or social activities

Please register for classes via email : [altonau3a@yahoo.com.au](mailto:altonau3a@yahoo.com.au) or telephone 9398 1346.

If you are unable to attend class please advise the office prior to class.

	Current Affairs	10.30-12.00pm	Starts 12th July for 6 weeks	BHC Hall
MON	Knitting for Charity	1.30-3.00pm	Starts July 12th - 2nd & 4th Monday of month	BHC Lounge
TUE	Book Club	10.30-12.00pm	July 27th Held 4th Tuesday of month	BHC Lounge
WED	Tai Chi	9.45-10.30am	Weekly Starts 21st July	BHC Hall
	Be Connected	10.45-11.45am	Weekly Starts 14th July	BHC Hall
	Ukuleles	10.00-11.30am	Weekly starts 14th July	Homestead
	Spanish for Beginners	5.30-7.00pm	Weekly Starts 14th July	LJAC Boardroom
THU	History - Tang Dynasty	10.30-12.00pm	Weekly Starts 15th July	LJAC Boardroom
FRI	All things French	10.30-12.00pm	Weekly Starts 16th July	LJAC
	Floral Art	1.30-3.00pm	Starts 23rd July 2nd & 4th Fridays	LJAC Activity Room
	Trivia	1.00-3.00pm	August 20th	LJAC Activity



AGM - 30th July

Mini Bus Trip 1 - 12th Aug

Trivia - 20th Aug

Mini Bus Trip 2 - 9th Sept

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Special thanks to HOBSONS BAY CITY COUNCIL for their support.



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