



U3A Altona Newsletter

Term 4, 2nd October to 20th December

Issue 65

PRESIDENT'S MESSAGE

As the new President of Altona U3A I thank Peter Bainbridge for a wonderful list of achievements in his five years as President and to thank him for being willing to be the Vice President

Peter has been President throughout COVID and worked with Hobsons Bay Council towards a sharing arrangement for the Beryl Hevey Centre. When face to face meetings were reintroduced Peter made sure that our members were as safe as possible and that restrictions were maintained.

Peter is very much a community volunteer who delights in discovering new opportunities for interaction between groups that will benefit our U3A members. Eg Walking Football, Be Connected and Hobsons Bay Council. Altona U3A is indebted to Peter and to Graeme Reilly for securing grants that will benefit our group.

Peter and the Committee have instigated the introduction of UMAS computerised booking system which at last is showing benefits. Cathy Hardiman has volunteered to be the UMAS Coordinator and Office manager. We thank Jill Dyson (UMAS Mentor), Kevin Whelan and members from Williamstown U3A for advice and support, and Rini Ismail, our volunteer set up Manager.

Peter makes a great effort to support Committee and members generally and shows real concern for the wellbeing of all of us. This has led to a hardworking Committee who support each other and are very appreciative of Peter's care and concern.

The Committee as elected at the recent AGM is,

President Ann Nicol

Vice President Peter Bainbridge

Treasurer Graeme Reilly

Secretary Angela Bishop

Committee Members Marijke Wright, Dorothy Kendall, Lance McGregor and Sharon Doheny (Activities Coordinator, supported by Marijke Wright, Rudith Prins and Ann Nicol).

Angela Bishop will be leaving U3A and moving to Prahran, so in a surprise reorganisation we welcome Rudith back to the Committee as Secretary and say farewell to Angela and wish her well in her new environment.

Ann Nicol President

Presentation - Aged and Disability support services available to Hobsons Bay residents

Vesna Dupor, Acting Coordinator Community Support, at Hobsons Bay City Council, will provide an overview of aged and disability support services available to Hobsons Bay residents (not exclusively provided by the Council!) and how to access them.

Vesna can assist anyone interested to link in with *My Aged Care* services in order to, for example, make use of the community transport bus that Council offers.

10.30am-12.00pm Mon 16 October BHC Lounge.



Term 4 Classes



Hobsons Bay City Council is again making one of their **minibuses** available for us to do trips - a cost of \$3.80 will be billed by the council.

With parking becoming a problem at Beryl Hevey Centre, Louis Joel Centre with restricted times and new meters in the area our Bus trip pick up point will now be at the **Civic Centre outside the Civic Theatre**. You can park your car around near the sports oval, then just walk to pick up point. This will be our pick up point for all bus trips in the future.

TRIP 1.

BARWON HEADS— Thursday 26th October Pick up 10.00am Civic Centre

Travel to Barwon Heads with time for a walk along the pier or visit the quaint shops in the main street. We will stop there for lunch, with a variety of eateries to choose from. Return by 3.00pm



TRIP 2.

IMIGRATION MUSEUM—Thursday 23rd November Pick up 10.00am Civic Centre

You will have time to browse the different exhibitions, then we will find a café in the area for a late lunch or just coffee and cake if you choose.

Museum entry fee \$10.00 seniors



There is new criteria for community transport with Council:

Members need to be 65+ and registered with My Aged Care for transport.

Members who receive homecare packages do not qualify, it is up to their agencies to provide transport which is covered with their package, sorry for any inconvenience to our members.

Melbourne Regional Discovery—Take advantage of your seniors Myki to have a round trip to Ballarat by train for \$5. We will visit the 2023 Ballarat International Foto Biennale, Australia's most prestigious photographic festival. The festival showcases some of the world's biggest names in photography, including acclaimed British portrait photographer Platon, Indian street photographer Vineet Vohra and pop culture icon Andy Warhol.

Festival day passes are \$25 adult and \$20 concession (pensioner, seniors, health care card holders) Meet at Footscray Station, platform 4, at 9.15am to catch the 9.24am Wendouree train to Ballarat (the train can also be boarded at Sunshine station at 9.29am) **Wednesday 11th October**

Free Concert - Clive Patti's electric guitar group - Mon 23 Oct BHC Lounge 12.00pm - 1.00pm

As part of Victorian Seniors Festival celebrations this October, Clive Patti and his electric guitar group are putting on a free 1 hour concert in the Beryl Hevey lounge. All U3A members are invited to attend. Clive and his group have recently joined U3A Altona, so this is a great opportunity to meet them and hear their live performance.

Devonshire Tea Event Altona Homestead, Logan Reserve, 1st October 11.30am Cost \$10

Our Devonshire tea comes with two freshly made scones, home-made mixed berry jam, whipped cream and your choice of a pot of coffee or a pot of tea. We also have fresh lemonade available (and hot chocolate in winter). All in the surrounds of the heritage Altona Homestead building within the beautiful Logan Reserve, Altona.

After you enjoy Devonshire Tea, please take time to wander through the Homestead. There is always an Exhibition to view, a journey into history to enjoy or take time out to talk to one of our volunteers about Altona and the Homestead.

DISCLAIMER: *Members need to be aware that they must accept responsibility for their own welfare when attending any U3A Altona classes or social activities*

Term 4 Classes

Energy and Renewables—Friday 10.30-12.00 Starts 27 Oct In this five-week program, we will explore topics such as renewable energy systems (solar, wind, pumped hydro, concentrated solar and tidal), and renewables in transport and the home. There will be time in each session for general discussion and sharing of knowledge and experiences with renewable energy systems.



Walking Football Wednesdays 12pm - 1pm, Altona Sports Centre

Play football (soccer) in a fun, social and safe environment. Prior experience is not required to join, as the indoor sessions focus on health & wellbeing.

Contact office by email or phone for more information

(Non members are also welcome as this activity is run by Football Victoria)

Trivia - Join in the last trivia session for the year. Always a fun session followed by afternoon tea provided by our members

Friday 20th October 1pm start at Louis Joel Art & Community Centre



Morning Melodies are held the 1st Wednesday of each month at the Altona Sports Club. We book a table so be sure you register through UMAS or ring Dorothy. Starts at 10:30 am, free of charge, with tea and coffee provided.

After the show you can stay on for lunch at your own expense

Term 4 2023 dates Wednesdays : 4th October, 1st November, 6th December

Let's Do Lunch 12.30pm - Thursday 12th October

We invite members to get together to meet and share lunch. Crème restaurant is a very suitable venue as we have space to move around and talk, as well as offering a wide variety of meal options. Crème is in Pier St. Altona. If you need transport to and from venue, please contact the U3A office.

Let's Do Dinner 6.30pm - Thursday 9th November

We invite members to meet at Koorungal Golf Course restaurant as an opportunity to meet up with other members, and to share a meal. Koorungal offers a Seniors meal or a variety of menu options.

Ongoing Classes

(More information available on website under Courses Tab)

Current Affairs -Starting Monday 2nd Oct 10.30-12.00pm BHC Lounge

Book Club - Book Club #1 meets 4th Monday, Book Club #2 meets 2nd Monday at BHC lounge

Ukuleles—Tuesdays 10.00-11.30 BHC Boardroom

Knit'n'Sip – 1st and 3rd Monday as usual – starting Monday 2nd Oct 1.30pm Held in the BHC lounge

Tai Chi - Starts Wednesday 4th Oct 10.00-10.40 Beryl Hevey Centre

Spanish For Beginners —Thursday 5th Oct 1.30-3.00pm

All things French - Starts Friday 6th Oct 10.30am LJAC

Celebrate the end of the year and our volunteers

We will be holding an event or possible two events in December to celebrate 2023 and acknowledge the achievements and dedication of our volunteers. Members will be notified of the time, date and location.



MON	Current Affairs	10.30-12.00pm	Starts 2nd October	BHC Lounge
	Book Club #1 Book Club #2	1.30-3.00pm 1.30-3.00pm	4th Monday of month 2nd Monday of month	BHC Lounge BHC Lounge
	Knit n Sip	1.30-3.00pm	2nd October Fortnightly (1st & 3rd Monday)	BHC Lounge
TUE	Ukuleles	10.00-11.30	Starts 3rd October	BHC Boardroom
WED	Tai Chi	10.00-10.40am	Starts 4th Oct weekly	BHC Hall
THURS	Spanish	1.30-3.00pm	Starts 5th Oct weekly	LJAC
FRI	All things French	10.30-12.00pm	Starts 6th Oct weekly	LJAC Boardroom
	Trivia	1.00pm	20th October	LJAC
	Energy & renewables	10.30-12.00pm	Starts 27th October	BHC Boardroom

Devonshire Tea—Altona Homestead—Sunday 1st October

Melbourne Regional Discovery - Wednesday 11th October

Lets do Lunch—Thurs 12th Oct Lets do Dinner—Thurs 9th Nov

Mini Bus Trip 1 - 26th October Mini Bus Trip 2 - 23rd November

Trivia - Friday 20th October

Clive Patti Concert Electric Guitar- Monday 23rd October

Age & Disability support presentation - Monday 16th October



**HOBSONS
BAY CITY
COUNCIL**



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Thank you to Melissa Horne's office with assistance in printing of Newsletter.



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