UNIVERSITY OF THE THIRD AGE

NEWSLETTER TERM 3, 15 JULY – 20 SEPTEMBER 2024

PRESIDENT'S MESSAGE

Welcome to Term 3. We hope you find something of interest to attend in the coming months. This term we have several new programs that should make for interesting discussion and opinion sharing.

It is so nice to hear about new friendships being made at U3A. It is important at every age to feel a sense of belonging, a sense of acceptance, and to seize the opportunity for friendship. As retirees it is even more important to have activities to look forward to, outings planned, and friends to meet up with at a U3A class. I encourage all members to make each other feel welcome.

Finally, I would like to encourage members to attend our AGM. In just one afternoon you will be able to meet and hear from all the organisers of your U3A, and chat with many other members over a delicious afternoon tea.





JOIN U3A ALTONA Go to www.u3aaltona.org.au

Issue 68



U3A Altona, 2 Sargood Street, Altona, Victoria 3028 Phone: 9398 1346 Email: altonau3a@yahoo.com.au Web: www.u3aaltona.org.au

Altona UBA UNIVERSITY OF THE THIRD AGE

Annual General Meeting of U3A Altona Tuesday 23 July, 1-3pm, Beryl Hevey Centre Hall

Come along to celebrate our previous 12 months and share a cuppa afterwards. Members don't have to register to attend our AGM, but it would be helpful for catering purposes if you do.



NEW TERM 3 COURSES – MEMBERS MUST ENROL FOR THESE





ANZ Bank Museum Visit the newly reopened ANZ Bank. A two-year restoration project has returned this historic landmark to its former glory.

Bus Trip 2 Thursday 22 August



Geelong Vintage Market This is an indoor market, selling every imaginable vintage, retro and collectable item, and housed in a beautiful old glass factory



Meet, greet and eat Join us for convivial conversation and great food. Let's Do Lunch - Thursday 1 August, 12-1.30pm Let's Do Indian Dinner – Tuesday 13 August, 6.30-8pm Let's Do Thai Dinner - Thursday 5 September, 6.30-8pm

Discover our Local Ecological Gems Monday 19 August, 10.30am-12pm, BHC Lounge

Hobsons Bay supports significant ecosystems including marine areas, wetlands, woodlands and grasslands. It also boasts the internationally recognised, Ramsar listed Cheetham Wetlands. Join Andrew Webster, Senior Conservation Ranger, for his local biodiversity presentation





Aussie Trivia Friday 30 August, 1-3pm, Louis Joel Art & Community Centre

How much do you really know about Australia? Come along and test your Aussie knowledge at this fun afternoon. After stretching your brain, join us for afternoon tea provided by our members.

Explore your Local and Family History Monday 9 September, 10.30am-12pm, BHC Lounge

Are you curious about your local or family history, but don't know where to start? Graeme Reilly is an expert in local and family history, a committee member of both U3A Altona and the Altona Laverton-Historical Society, and a crack scone-maker. Join Graeme as he introduces us to the available resources, how to use them, and where to go next.



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The History of Revolutions 1st & 3rd Thursday, 1.30-3pm, BHC Boardroom

The American, French, Russian and Chinese Revolutions tore down established orders and built new ones in their place. Join us to discuss how these epic changes have profoundly shaped the 21st century.

Ethics Matters – 2nd & 4th Thursday, 1.30-3pm, BHC Boardroom

This course is based around the *Ethics Matters* films broadcast by ABC iView. We discuss the central themes of ethics, such as crime and punishment, competing rights, and how we treat the environment, other species, and ourselves.





Inventions that Changed the World Tuesday, 10.30am-12noon, BHC Boardroom

Some inventions have literally changed the course of history - from Roman arches to the internet. In this five-week course, we will watch and discuss videos on a wide range of inventions.

Rummikub – Friday, 10.30am-12 noon, Altona Library

Rummikub is a tile-based game that combines elements of mahjong and the card game rummy. It offers a unique combination of tactical thinking, luck and competition.



EXISTING COURSES -- no need to re-enrol for these if you're already enrolled

Current Affairs – Monday, 10.30am-12 noon, BHC Lounge – An opportunity to discuss recent local and global events. We encourage participants to raise subjects that have caught their interest.

Knit 'n' Sip – 1st and 3rd Monday, 1-3pm, BHC Lounge - We will continue to knit/ crochet for charity OR you can bring your own knitting to do Or just come along for a chat and a cuppa.

Italian Conversation – Monday, 2-3pm, BHC Boardroom - This weekly course is for people with a good working knowledge of Italian, both written and spoken, with all the basics of grammar, irregular verbs etc.

Book Club #1 – 4th Monday, 1.30-3pm, BHC Lounge – For enthusiastic readers who enjoy a get together once a month to discuss what we have read. Opinions often vary but this makes for a good discussion.

All Things Film – 2nd and 4th Tuesday, 1-3pm, BHC Boardroom - Watch, share and discuss all things film. Tai Chi – Wednesday, 10-10.40am, BHC Hall - A very popular weekly activity that keeps participants healthy and active.

Advanced Mahjong – Wednesday, 1.30-3.30pm, Altona Library – A game of skill, strategy, and calculation, which also involves a degree of chance. For skilled players.

Electric Guitar Group – Wednesday, 6-8pm, BHC Hall – The "Rockin' Oldies". An electric guitar group that has performed widely. New players are always welcome.

Book Club #2 – 3rd Thursday, 12-1.30pm, BHC Boardroom - For enthusiastic readers who enjoy a get together once a month to discuss what we have read. Opinions vary but this makes for a good discussion.

All Things French – Friday, 10.30-12 noon, BHC Lounge – The group meet to enjoy speaking French, giving students the opportunity to retain French language skills and share and enjoy French culture. A basic knowledge of French is required for this course.

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2024 TERM 3 LONG AND SHORT COURSES

DAY	COURSE	TIME	FREQUENCY	START	VENUE
MON	Current Affairs	10.30am-12pm	Weekly	15 July	BHC Lounge
	Knit n Sip	1.30-3pm	1 st & 3 rd Monday	15 July	BHC Lounge
	Book Club 1	1.30-3pm	4 [™] Monday	22 July	BHC Lounge
	Italian Conversation	2-3.30pm	Weekly	15 July	BHC Boardroom
TUE	Inventions NEW	10.30am-12pm	Weekly	30 July	BHC Boardroom
	All Things Film	1-3pm	2 nd & 4 th Tuesday	30 July	BHC Boardroom
WED	Tai Chi	10-10.40am	Weekly	17 July	BHC Hall
	Advanced Mahjong	1.30-3.30pm	Weekly	17 July	Altona Library
	Electric Guitar Group	6-8pm	Weekly	17 July	BHC Hall
THURS	Book Club 2	12-1.30pm	3 rd Thursday	18 July	BHC Boardroom
	Revolutions NEW	1.30-3pm	1 st & 3 rd Thursday	18 July	BHC Boardroom
	Ethics Matters NEW	1.30-3pm	2 nd & 4 th Thursday	25 July	BHC Boardroom
FRI	All Things French	10.30am-12pm	Weekly	19 July	BHC Lounge
	Rummikub <mark>NEW</mark>	10.30am-12pm	Weekly	19 July	Altona Library





Annual General Meeting - 23 July Bus Trip 1 - 25 July Let's Do Lunch - 1 August Let's Do Indian Dinner - 13 August Local Ecological Gems - 19 August Bus Trip 2 - 22 August Aussie Trivia - 30 August Let's Do Thai Dinner - 5 September Local and Family History- 9 September



Special thanks to HOBSONS BAY CITY COUNCIL for its support Thank you to Melissa Horne's office for assistance in printing the newsletter

